

JUNE, 1938

15c... \$1 A YEAR

DAILY WORD

A Unity Publication



HEALTH... FREEDOM... HAPPINESS... SUCCESS



The Nearness of God

*Once when I thought God far away,
There came the thought to stop and pray
To still all thought He was not near,
To seek to find Him now and here.
I paused, and in that moment found
I touched a presence still, profound.
I spoke, and at my prayerful word
The life of God within me stirred.
Receptive to His strength, I knew
He vitalized me through and through.
He filled with love my soul, my heart,
Where love before had had small part.
I who had thought God far away—
Nought I needed but just to pray
To find and feel His presence here,
To prove that He is ever near!*





JUN
1938

VOLUME

NUMBER



Unity Daily Word

F. B. WHITNEY, EDITOR

A little companion that daily directs your steps to the sun-tipped heights in whose glory you shall behold yourself as a son of God; for such you are.

*

Nonsectarian. Published monthly.

TRUE PRAYER

Knowing goodness will prevail,
Knowing love can never fail,
Knowing only good is true,
Knowing Christ abides in you,
Knowing there is nought to fear,
Knowing heaven is now here:
Knowing this in Truth, in Mind,
In our prayer the Christ we find.

JUNE
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VOLUME 28

NUMBER 6

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AFFIRMATIONS

USED BY

SOCIETY OF SILENT UNITY

May 20 to June 19

Through the inspiration of the Holy Spirit my understanding is quickened.

★

Through Christ I am inspired to express wholeness and health.

★

Through Christ I express the wisdom and power that brings prosperity into manifestation.

Single copies of UNITY DAILY WORD may be obtained at Unity libraries and newsstands at 15 cents. Subscription, \$1 a year. Braille subscriptions are sent free to the blind who are familiar with grade 1½. These gifts are made possible by love offerings.

We also publish *Good Business, Progress, Wee Wisdom, Unity, Weekly Unity, and Unity Sunday School Leaflet* at \$1 a year each.

Requests for Silent Unity's ministry and love offerings for health and prosperity treatments should be addressed to Silent Unity.

Subscriptions, renewals, requests for Prosperity Banks, changes of address, book orders, or checks and money orders for publications should be sent to the Publishing Department.

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When asking us to change your address, please be sure to state which of our magazines you are receiving, and whether you are now using a Prosperity Bank.

Guarded from Stumbling

MANY indeed are the instances reported in which we see inharmony, disease, and lack overcome and put to flight by prayer and the power of God. No count could be made however of the many instances where persons through the study and knowledge of Truth are saved from having to go through adverse experiences. For every demonstration of deliverance from disease through the power of prayer there are possibly a hundred thousand instances of students of Truth being kept in such a state of health that they do not have to make a demonstration over disease. We can see that an understanding of Truth not only cures disease but—a fact all too seldom realized—it serves also as a preventive.

The story is told of a child in a study class who had been told of the demonstrations other children had made over disease. When asked if he had had any such experiences, he simply remarked that his study of Truth had kept him in such a state of health that he did not have to make demonstrations over disease! After all, is this not the ideal situation? Is it not much better for us to feel that an understanding of Truth prevents disease than to feel that Truth is a remedy for disease?

The Spirit of Christ within and about you is He "that is able to guard you from stumbling, and to set you before the presence of his glory." He is able to keep you in such a state of wholeness that you will not fall into disease. He is able to maintain you in such a consciousness of supply that you will not have occasion to make a demonstration over failure and lack. He gives you the principle of love that you may not fall into a state of hate and fear.

Regular periods of silence and prayer help us to maintain health. In the silence we may sense weakness and most readily sense the fortifying presence of Christ to replace it with strength. Day by day we tend to get rid of belief in disease and to become established in such a consciousness of health that it cannot be touched by the disease thought.

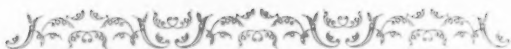
The preventive aspect of treatment interests us more and more as we see how much easier it is to stay in health than to be in the position of making a demonstration over disease. There is something very assuring about sensing the healing presence of Christ within us and knowing that it is our safeguard against disease. The consciousness of Truth is at once affirmative and positive. Such a

consciousness prevents the work of the disease thought, neutralizes the operation of any belief in lack.

The Spirit of Christ is ever your guard and protector, your savior and salvation. When you maintain a high degree of consciousness of the presence of Christ, you are saved from stumbling and falling into negation and adversity. You are prevented from having those adverse experiences common to those without a knowledge of Truth.

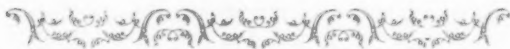
In the 91st Psalm we learn that "truth is a shield and a buckler." As such it shields us from terror and pestilence and destruction. Evil and plagues and serpents may be about us, but they are as nought to us who are shielded by Truth. We do not have to make a personal demonstration over their presence. Our consciousness of Truth is our insurance against them. Angels seemingly bear us up lest we may be dashed against the stones. We are guarded from stumbling. We are prevented from falling from the high position we occupy as children of God.

Your knowledge of Truth today is your assurance that you will not have problems to meet tomorrow. The consciousness of Truth that you are building up today is your safeguard for tomorrow.



Quiet Moments

*I like the quiet moments of the day,
The times I lift my thought to God and pray,
Those moments in a busy, swirling strife
When I to God turn and the quiet life.
In busy office or in traffic's rush
I like a quiet moment, quiet hush,
So I may know the Truth where'er I stand:
That Christ is there, that He is in command.
A quiet moment now and then I find
Will help to keep the love of God in mind,
Will serve to make me think to stop and pray.
I like the quiet moments of the day.*



The Gift of Prayer

HAVE YOU thought of your ability to pray as the most valuable gift God has given you? Have you found in prayer the means by which your ideals are made real, the means by which your every problem in life is solved? Have you in your most exultant moments, when most thankful for what has been accomplished by prayer, ever thought of the situation you would be in if you could not pray, if you could not turn to the presence and blessings of God?

Man comes into the world seemingly helpless. In Truth he brings with him something of the presence of God. As he matures in thought, he discovers that he is not material and physical but that he bears in his heart that which is spiritual, holy, and divine. Limitations and problems may appear on every hand, but the divine within him shows him that he is master of them. He learns to turn in thought to God, to pray. He finds by doing so that he is mightier than any situation in the world about him. He learns to treasure his gift of prayer since through it alone can he prove himself superior to any claim of evil, sin, disease, fear, and want. He finds that the ability to pray is a gift from God that he treasures more than any of the wealth of the world. In fact, the person

who knows how to pray would not sell his gift at any price.

To the student of Truth there is no mystery about prayer. He may hear others discourse on its complexities but he is content with simplicity. Simply explained, prayer is but man's turning from belief in limitation to the realization of the presence of God. It is man's ceasing to believe in disease in order to accept the truth of his oneness with the life of God. It is his losing sight of lack in order to accept omnipresent abundance. It is his thinking less and less of human limitations in order to think more and more of his identity with Christ.

Prayer is the gift by which man is able to receive more and more gifts. To him it is a key unlocking and opening a storehouse of unlimited wealth. To him prayer is the means by which he receives more and more of the blessings of God. He knows that he has all in his grasp when he knows how to pray.

Prayer is but a change of heart. It is a yielding up of human beliefs to accept spiritual truths. When man starts to pray, he has a change in sense of values. That which previously seemed important becomes insignificant. A new world, God's

world of blessings, opens to him. It opens solely through his prayer.

As man learns to pray, as praying becomes easier for him, his gift takes on more value. His ability to pray, his ability to turn instantly from disease to health and from lack to supply, increases in value in his estimation. He finds that he can pray effectively wherever he is and whatever the issue. He may be called upon to pray many times but he still holds to simplicity, thinking less and less of the limitations of things and realizing more and more of the presence of God.

Are you called upon to pray today? The task is not a difficult one. You need to know only that God is omnipresent in your world to the exclusion of all adversity. You need to keep your thought upon God as your health instead of thinking some thought of disease. You need to keep God in mind as the blessing you seek.

Prayer has been given you that you may make use of it for your own well-being and for the glory of God. You are to pray when you are tempted to think of yourself as other than a child of God, when you are tempted to think that in God's world there is anything other than omnipresent good.

Truth Its Own Defense

WHEN WE need to meet an emergency, when we need to know that the omnipresence of God prevails to the exclusion of all else, we usually find that many contrary and adverse thoughts come to mind. It seems as if all of them tend to argue the case against Truth. On every hand appears some argument against the presence and power of God, the good. Oftentimes it seems as if the mind becomes so filled with adverse arguments that there is slight room for any thought about the omnipresence and omnipotence of God.

We can tell to what extent we have developed spiritually by our ability to withstand adverse argument and to know that in the face of adverse appearances God is actually present. We need to know that we do not have to fight conditions. Christ, the Truth within us, is our defense. He can argue the case for us far better than we can argue it from the standpoint of appearances. Truth has its own way of defending itself if we but let it do so.

When an individual becomes ill, much argument comes to his mind to declare the existence and power of disease. Oftentimes associates add their beliefs and strengthen the claim of disease.

Truth seemingly is overlooked or forgotten. Sometimes when disease appears to be in ascendancy the slightest thought of Truth will begin its work. Christ rushes to the defense of the one in need.

You may know when you are in the most desperate circumstance that Christ is seeking to extricate you. When you are most in need, your slightest prayer will begin the work that is to restore you to your rightful place in spiritual power and health. No adverse argument can prevail in your thought and in your body when your prayer begins its work. Christ defends you when you turn to Him for help. His power is hurled against adverse argument for the prevalence of evil and establishes the prevalence of omnipresent good.

It is said that the loudest voice of evil and pain is but their acknowledgment that Christ is overcoming them. Christ, the Truth, cannot know defeat. He is always near to defend us, ever ready to share His Truth with us. When the thought of Truth comes to us to guard and protect us from evil, we know that Christ is nigh. We know that nothing in all the world can harm us when His Truth prevails in our thought and in our world.

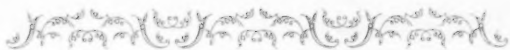
The argument for the existence of evil in our experience must always be thought of as disloyalty

to Christ and Truth. You cannot believe in the presence, reality, being, and existence of evil and believe in the omnipresence of God. The Truth defends your position when nought but Christ occupies your thought. Impersonal, universal Truth is your defense. Truth neutralizes the argument of evil that it has place and power in your life and world.

When you have a situation to meet, when adverse argument seems to fill your thought, stand still and know that Christ, the Truth, defends and saves you. Christ is your Saviour to the extent that you believe He can save you. His Truth defends you only when you let it be your defense.

How then does Truth defend itself? To the extent that it is all-sufficient. You need not add anything to it. Least of all does it require any personal responsibility or personal worry. In higher consciousness we find impersonal Truth. We discover the impersonal side of our existence, that Truth about us which is unidentified with personal limitations, personal fears, personal shortcomings.

Truth defends itself in the sense that Christ is ever seeking to establish Himself in our life as that which is perfect and wholesome and good, which protects, saves, and delivers from all harm.



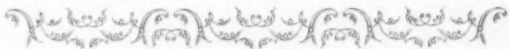
Today-Minded

RUTH YOLAND SHAW

Today is God's now;
Therefore it can hold
Only things as precious
As His sungold;
And to enjoy them fully
I must set my mind free
From thoughts of the past
And of days to be.

Today is a privilege;
An opportunity
To express God
Through Christ in me,
Thereby calling forth
The blessings untold
That He is but waiting
For me to unfold.

Today neither returns
Nor awaits my attitude;
I must be today-minded
To enjoy all its good.



Wednesday

JUNE 1

THE JUSTICE OF GOD NOW PREVAILS IN MY THOUGHT, IN MY LIFE, AND IN MY AFFAIRS.

NOTHING but justice can prevail when we no longer believe in injustice. Injustice will have lost its power to appear when we remove from it the belief that has sustained it. When we cease to believe that we can be unjustly dealt with, when we no longer deal unjustly with others, then injustice will have no place or power in our world. Only God as justice will prevail in our manifest world when we have only justice in our mind.

The way to put an end to the injustice of the world is to do our own part through right thought, deed, and endeavor. The individual's part is primarily that of correcting his own thought. Each one must do his own part toward reducing the thought of injustice and toward replacing it with the consciousness that God prevails as perfect justice.

Dedicate this day to justice. Think of God as ruling your world as justice.

✿ *There is no God else besides me, a just God and a Saviour.*—ISA. 45:21.

JUNE 2

Thursday

GOD, THE GOOD, IS NOW MANIFESTED IN ME
AND IN MY LIFE AS MY OWN TANGIBLE
GOOD.

THOSE WHO do not find good in their life do not find God. Good does not become tangible to them in the manifest world because He is not tangible to them in consciousness. Good does not come into expression in their life because they do not let Him express Himself in their thought.

If you would get rid of the evil in your world, get rid of your belief in evil. No longer entertain evil in your consciousness if you do not want to have to entertain it in your life. Every belief in evil but keeps you from believing in God.

The development of spiritual consciousness is but a growth in ascendancy over the adverse beliefs that seem to war against Spirit. As we develop in spiritual consciousness we grow in understanding that God, the good, is all in all. This realization frees us from all belief that evil has place or power in our life.

♣ *Abhor that which is evil; cleave to that which is good.*
—ROM. 12:9.

Friday

JUNE 3

SINCE ONLY THE LAW OF CHRIST RULES ME,
THE LAW OF GOOD, I CANNOT BE RULED BY
ADVERSE LAW.

THERE ARE many persons who think of themselves as bound by adverse laws, laws of disease, laws of ill luck. They think of all their misfortune as coming through the operation of such laws. They are ruled in the most despotic fashion by their belief in laws of adversity, misfortune, and fear.

In Truth there is only the law of good. When we understand Truth we cannot be ruled by any other law than that of Christ. When we need health, this law becomes to us the positive law of our health; when we need supply, it becomes the law of our good fortune; when we need freedom, it is the law of our deliverance. We can see that the law of Christ is the law of fulfilling human need.

Many persons give so much thought to laws of adversity that they can scarcely believe in the law of good. They should give their thought to the one and only principle of Truth.

• *Thy law is truth.*—PSALMS 119:142.

JUNE 4

Saturday

THIS DAY I RISE OUT OF ALL BELIEF IN DIFFERENCES AND SEPARATION AND ABIDE IN THE CONSCIOUSNESS OF UNITY WITH GOD.

OUR LESSON today will aim at freeing us from all belief in separation and at inspiring us with a consciousness of our unity with God and His goodness wherever found. Today we are to give up all belief in being separated from our good. We are to cease thinking such thoughts as would keep us from the blessings of God or from the blessings that come to us through our fellows.

In Truth there is but one God. In spiritual consciousness we find ourselves united with Him. Persons and things of the world about us cannot separate us from God when we abide in Truth. Nothing can separate us from our good when we live in the consciousness of spiritual unity.

We need often to think of God and our oneness with Him in order to lay hold of His blessings. We need to turn to Him and to the realization that we are unified with all good.

*Behold, how good and how pleasant it is
For brethren to dwell together in unity!*

—PSALMS 133:1.

Sunday

JUNE 5

THE FREEDOM OF SPIRIT NOW INSPIRES ME TO
GIVE UP ALL BELIEF IN BONDAGE AND TO BE
FREE IN ALL MY WAYS.

CHRIST is symbolical of freedom for man. To students of practical Christianity the word Christ is almost synonymous with the word freedom. We come to think of the Christ message as that which liberates us from sin, evil, fear, disease, and lack. Heeding the teachings of Jesus and the message of His Christhood, we give up all belief in bondage. We think of our freedom as deriving from the Christ.

Are you in bondage? Know that your only bondage is that to false beliefs. When Truth, Christ, sets you free, you are free indeed. No belief in bondage can enslave you when Christ is uppermost in your thought. Your liberty is assured when only Christ abides in your consciousness.

All freedom must come through your realization of freedom. You will be in bondage to race beliefs and limitations until you realize the truth of your freedom.

♣ *For freedom did Christ set us free: stand fast therefore, and be not entangled again in a yoke of bondage.*

—GAL. 5:1.

JUNE 6

Monday

AS MY FAITH IN CHRIST IN THE MIDST OF ME INCREASES I AM FREE FROM ALL DOUBT AND UNBELIEF.

TURNING to Christ for an increase in faith, we find that we are relieved of doubt. We can no longer doubt His power and goodness. We rise out of unbelief as we find we have more and more faith in Christ. We cease to believe in evil, sin, disease, fear, and failure when our faith in good, love, joy, health, and plenty is increased.

Our faith, like our muscles, increases through exercise. Those of little faith have but to use it in order to have it increase. They need but have faith in little things in order to find that their faith has so increased that it can be exercised in larger things. The development of their faith often takes place without their being conscious of it.

What do you place your faith in? Do you believe that evil in some guise is mightier than Christ? Do you center your faith in things of the world or do you have absolute faith in Christ?

✿ *Your faith should not stand in the wisdom of men, but in the power of God.*—I COR. 2:5.

Tuesday

JUNE 7

I GIVE UP EVERY THOUGHT OF ANXIETY FOR
THE ASSURANCE THAT IN CHRIST ALL IS
WELL.

WE HAVE the feeling that all is well when we give ourselves into the keeping of Christ. We can have no worrisome thought when we are assured that He is taking care of us. We exchange anxiety for this confident assurance when we turn to Christ in prayer.

A person who worries is not one who has an intelligent understanding and places his whole trust in Christ. The anxious person is always one who thinks more of the state of affairs in the external world than he does about Christ. He is a person who becomes worried because he feels that the affairs of the world are too much for his own innate power to handle.

Giving up anxiety is but a simple matter of turning Christward. The person who realizes that Christ is in his midst cannot be anxious. He cannot worry when he realizes that all his affairs are in charge of the Christ. But one thing is necessary: he must give himself completely to Christ.

✿ *In nothing be anxious.*—PHIL. 4:6.

JUNE 8

Wednesday

THE PEACE OF GOD FILLS MY HEART AND I
AM PEACEFUL IN ALL SITUATIONS.

WHEN YOU find yourself in an inharmonious situation, turn to the peace of God within you. Become so much aware of omnipresent peace, the everywhere prevailing peace of God, that there is no room in your mind or in your life for anything inharmonious. You must keep your thought upon peace if you would abide in peace.

The peace of God becomes yours only when your whole attention is centered upon God. When you give your whole thought to inharmony, you are unable to conceive of peace. You can see that your thought alone determines whether you are harmonious or inharmonious.

Realize that peace issues forth from depths within you. Know that when you turn to this inner realm of peace you identify yourself with the very peace of God. Nothing can be inharmonious in your life when you are one with God's peace.

☛ *My people shall abide in a peaceable habitation, and in safe dwellings, and in quiet resting-places.—ISA. 32:18.*

Thursday

JUNE 9

I NO LONGER BELIEVE THAT TIME AND DELAY CAN INFLUENCE MY AFFAIRS. I BELIEVE THAT GOD BLESSES ME HERE AND NOW.

THERE ARE those who are in bondage to limitations because of their conception of time. They think of themselves as bound by time and of their affairs as limited by delays and obstacles caused by the power of time. They live in a state of frustration because they link their affairs with the thought of this limitation.

In the world of God there is only the eternal now. God knows no limitation of past or future, no yesterday or tomorrow. The blessings of Spirit appear here and now if our consciousness is ready to receive them. The thought of limitation, delay, and frustration exists only in a consciousness unredeemed and uneducated by Truth.

Cease to put off the good that is coming to you. Let it appear here and now. It cannot come until you have the consciousness of receiving, of answered prayer. The delay of your redemption from adversity is but a limitation imposed by your own consciousness of time.

✿ *Redeeming the time.*—EPH. 5:16.

JUNE 10

Friday

THE TRUTH OF CHRIST NOW CORRECTS MY
THOUGHT AND FREES ME FROM MISCONCEP-
TIONS ABOUT LIFE, OTHER PERSONS, AND
THINGS.

JESUS brought Truth to humanity so that men might be freed from misconceptions about life. His Truth corrected their thinking and they ceased to think thoughts of error. They ceased to think thoughts of evil, sin, fear, sorrow, disease, and lack when He corrected their thought through the Christ message. His Truth became to them a symbol of freedom. He became known as their Saviour because His Truth saved them from the evil that resulted from misconceptions.

The Truth of Christ becomes a blessing to all who accept it in their consciousness. It is the right thought that expels and displaces evil thought. It is the truth that man is free from the false beliefs that have held him in bondage. It is the truth of his own perfection, health, courage, and success.

The Truth of Christ operating in your consciousness is mighty to lift you to the positive realization of your supremacy and victory over all things.

• *Speaking truth in love.*—EPH. 4:15.



Tri

Do not cross today bridges th
Every thought today crossing th
If today you could crossing br
You would miss tod own brid

Do not cross tomorw bridges
If you cross today's bridges y
If you solve today's problem
You'll not mind tomow's brid

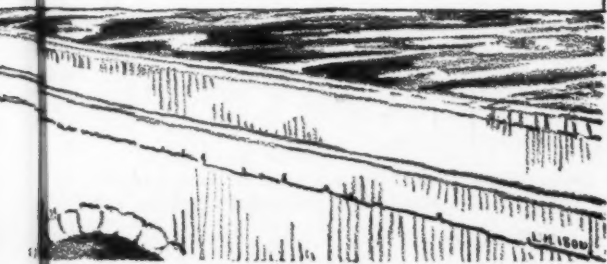
Cross your bridges w you reac
All the bridges of tow keep
That you give all that and ac
Joy today will be ining if thi

Bridges

ay bridges that tomorrow you must cross;
day crossing them is profitless and loss.
ld crossing bridges in tomorrow's sun,
tod own bridges—you must cross them one by one.

norm bridges till they come well into view!
ay's bridges you will have enough to do:
ay's problems, if your work is neatly done,
tomow's bridges shown you by tomorrow's sun.

es w you reach them! Do not think of them today!
of tow keep from view so far away
ll that and action to today, its every need.
e ining if this message you will heed.



Saturday

JUNE 11

I NOW REALIZE THAT MY BODY IS THE TEMPLE OF THE LIVING GOD THROUGH WHICH HE EXPRESSES HIMSELF AS MY PERFECTION AND WHOLENESS.

THINK of your body as God's temple perfectly and wonderfully made. Realize that this temple is the medium through which the perfection and wholeness of God is expressed. Disabuse your mind of all belief that your body is the habitation of disease and anything unwholesome.

God dwells in you and makes your body His temple. We can readily see that it cannot be other than perfect and whole in His sight. We see that it must express the perfection and wholeness of His presence.

Never speak disparagingly of your body. Do not put the mental stamp of imperfection or disease upon it. It is God's temple. God abides with you to convince and assure you of your likeness to Him. He seeks to have you recognize His presence as that which is mighty to free your body from all imperfection.

✿ *Know ye not that ye are a temple of God, and that the Spirit of God dwelleth in you?—I COR. 3:16.*

JUNE 12

Sunday

THE LOVE OF CHRIST IN MY HEART IS NOW
EXPRESSED IN MY WORLD AS LOVE FOR ALL
PERSONS.

THOSE WHO lack love must find it through the presence of the Spirit of Christ within them. In His presence there can be no hate. All sense of personal animosity is lost when we turn in thought to Christ. We can only love when Christ alone is in our thought.

The love of Christ in your heart is mighty to work great changes in your life. Love is magical in its action. Your whole life will be transformed through your consciousness of love. You will find that thoughts of hate and animosity will be changed to thoughts of love when you enter the loving consciousness of Christ.

Many persons lack love. They lack the consciousness that the presence of Christ within them is the presence of tangible love. Many metaphysical students regard love as something abstract, and they need to know its tangibility and their own ability to lay hold of it as something real and practical. They need to sense the love of Christ.

✿ *Love one another.*—JOHN 13:34.

Monday

JUNE 13

THIS IS MY DAY OF PRAYER, WHEN I AM
CONSCIOUS OF MY TRUE RELATION TO
CHRIST AND HIS BLESSINGS.

WHEN WE pray we should enter into the consciousness wherein we know that we live with Christ and that His blessings are open to us. We live in the realization of being so closely related to Him that nothing in all the world can keep our prayer from being answered and the blessing we seek from coming to us.

Never pray with the thought in mind that God may not want you to have some good. Never believe that as a child of God you are unworthy of your Father's heritage. God is constantly showering His good upon you. You have but to know this mighty truth in order to have your prayer answered.

When you pray, pray with the thought in mind that you are identifying yourself with God and His blessing for you, that you are making yourself ready for and receptive to the good that God is sending your way. Pray in the realization that Christ is always lavishing His blessing upon you.

* *The prayer of faith shall save him.*—JAMES 5:15.

JUNE 14

Tuesday

I RISE OUT OF EVERY THOUGHT OF FEAR AND
BECOME COURAGEOUS THROUGH CHRIST.

THE PERSON who is fearful is one who has not found Christ. Only Christ can give true courage. Only Christ can cause him to lose sight of that which he fears and lay hold of his innate courage. The person who fears thinks of things of the external world as having power over him. He needs to turn in thought to Christ in the midst of him.

If you would be courageous, cease thinking of your fears and the things of the world that seem to stir up fear within you. Think of Christ. Think of His courage. Think of His presence as within and about you inspiring you to courage. Think of Him as being with you wherever you go and whatever you do, urging you to take the courageous attitude and inspiring you to fearlessness.

The courage of Christ becomes ours when we blend our thought and life with His. We become conscious that things of the world cannot make us afraid.

• *I, Jehovah thy God, will hold thy right hand, saying unto thee, Fear not; I will help thee.—ISA. 41:13.*

Wednesday

JUNE 15

THE SPIRIT OF GOD EVER INFOLDS AND PROTECTS ME, AND I GO FORTH THIS DAY CERTAIN OF ITS PROTECTION.

THE SPIRIT of God is mighty to protect you from all harm. His spirit is the sanctuary of your salvation and protection. When you are conscious of His presence, you realize that He protects you from all danger. He is your deliverer from all sense of evil.

Do not go through life believing that things of the world can be a danger to you. Do not think of other persons as having power to harm you. Live in the consciousness that the Spirit of God within and about you is mighty to save and protect you. If you will but get the clear realization of this, you will not need to give further thought to it.

You will get the consciousness of protection when you realize that in God's world there is no harm. When you lift your eyes to the vision of His world of good, you will see that danger cannot exist for you.

✿ *Under his wings shalt thou take refuge.*—PSALMS 91:4.

JUNE 16

Thursday

THE LIFE OF SPIRIT WITHIN ME QUICKENS ME
TO THE REALIZATION THAT I AM ONE WITH
INEXHAUSTIBLE LIFE.

THE INDIVIDUAL who seems to be lifeless lacks the consciousness of life. He does not realize that he can lay hold of inexhaustible life. He fails to know that the life of Spirit within him is his own unending life. He must come to know that he is inseparably unified with the very life of God.

You must think of yourself as one with God's life. Entertain no thought that would limit your consciousness of life. Do not think of anything as having power to separate you from God's life or to limit your own consciousness of His life. In Truth you live in God and He lives in you.

The inexhaustible life of God in the midst of you cannot be depleted. Nothing can limit its measure or limit your appropriation of it. Its supply increases as you draw upon it. Using God's life, you will find that you become more and more conscious of life. You find you are in touch with a fountain of life that cannot be depleted.

● *With thee is the fountain of life.*—PSALMS 36:9.

Friday

JUNE 17

THE POWER OF GOD INHERENT IN ME IS THE POWER OF GOOD PREVAILING OVER THE SO-CALLED POWER OF EVIL.

THINK often of God's omnipotence, the all-prevailing power of good. This power is inherent in you. It was placed there at the time of your creation. It is the power that prevails against what you have considered the power of evil. In Truth there is only God's omnipotence.

If you are in the habit of thinking of evil as having power, begin to think of God's omnipotence. Meditate upon the allness of God to the exclusion of that which is unlike Him. Think of God's omnipotence as the power of good expressing itself through you as authority over adversity.

If you would know the power of God as your health, you must no longer think of disease as having power. God's power is not shared with anything unlike Him. He is a jealous God in the sense that He admits no rival power.

The power of God in you is your power over evil, sin, hate, fear, disease, and failure.

• *With authority he commandeth even the unclean spirits, and they obey him.*—MARK 1:27.

JUNE 18

Saturday

THE PATIENCE OF CHRIST IS NOW EXPRESSED
THROUGH ME AS MY OWN PATIENCE AND I
AM PATIENT IN ALL SITUATIONS.

WE BECOME patient when we turn to the presence of Christ within us and give ourselves and all our affairs into His keeping. We find that by turning to Christ we cannot be impatient regardless of what the situation may be. We find our patience increasing as we learn to trust in Him.

The impatient person does not take Christ into consideration. Such a person tries to work things out through his own efforts. When he finds these futile, his impatience increases. When he turns to Christ, he increases in patience. He finds that he becomes patient in all situations only when he trusts Christ at all times.

If you are impatient, you may well know that you need to rely more upon Christ within you. You need to direct your thought often to Him. When the thought of impatience comes to you, turn from it and turn to Christ.

✱ *The Lord direct your hearts . . . into the patience of Christ.*—II THESS. 3:5.

Sunday

JUNE 19

THE LIGHT OF GOD SHINING AT THE HEART
OF MY BEING IS THE LIGHT OF MY UNDER-
STANDING IN ALL THINGS.

DO NOT think of yourself as lacking in intelligence, wisdom, and understanding. As the child of God you are the child of light. In His sight you cannot be ignorant or be in the dark. You abide forever in the light of His understanding. As His son you know all things.

The light of God is the light that gives you inspiration and revelations. When you abide in spiritual consciousness, you know what God knows. Whatever is required of you, whatever information you seek, is to be found in your own higher understanding. You must come to know that there is no understanding apart from God.

Abide in the wisdom of God. Let His wisdom be focused upon every situation in your life. Learn to live according to His light, the light shining within you. You will find that God guides and governs you solely through your own knowledge of His light. Your own higher intelligence is your glimpse of God's wisdom.

✻ *Jehovah God is a sun and a shield.*—PSALMS 84:11.

Affirmations

USED BY THE *Society of*
Silent Unity

JUNE 20 TO
JULY 19

ILLUMINATION . . . *Joy to the Lord,
the light is come.*



HEALING . . . *Thou art my life unfail-
ing, and I rejoice in Thy abundant,
buoyant health.*



PROSPERITY . . . *Thou art the source
of my substance, and I am gloriously
prospered.*



Monday

JUNE 20

IN THE HEALING PRESENCE OF GOD WITHIN
AND ABOUT ME I FIND MY PERFECT HEALTH.

REALIZING that you live in the presence of God, you will find that you cannot live in disease, neither can you identify yourself with it. In the presence of God, you find health, life, and strength. Even as you cannot live apart from God's presence you cannot live in Truth apart from the realization of perfect health in God.

If you need more health, increase your consciousness of health. Keep out of mind every belief in disease so that you may have a clearer realization of health. Abide in the realization that in God you are every whit whole.

In the presence of God you abide in the image of health. You can realize this truth and make it true in your own life only to the extent that you think health more clearly than you perceive disease. You must get the clear realization that you are whole and well.

Learn to think of yourself as God thinks of you.

✿ *I will restore health unto thee, and I will heal thee of thy wounds, saith Jehovah.*—JER. 30:17.

JUNE 21

Tuesday

PROSPEROUS IDEAS IN MY CONSCIOUSNESS
NOW DIRECT ME TO MY PROSPERITY AND
CAUSE IT TO APPEAR IN ABUNDANCE.

IF YOU would be prosperous, you must see to it that your mind is filled with thoughts of prosperity. It can be drawn to you only when it feels the drawing power of your consciousness. Your prosperity depends upon the extent to which you can rise out of all belief in lack and can keep your thought centered and established in the truth about prosperity.

Prosperous ideas are magnetic in quality. They draw blessings to you. You cannot be impoverished when you have the consciousness of prosperity, when prosperous ideas fill your mind. These ideas draw to you the blessings that you seek. Nothing can be withheld from you when you entertain prosperous ideas.

Today's lesson challenges us to drop thoughts of lack from our mind and to take hold of the blessings of God. We use a prayer for supply and find that in return our every need is supplied.

*The Almighty will be thy treasure,
And precious silver unto thee.*

—JOB 22:25.

Wednesday

JUNE 22

THE STILLNESS OF GOD AT THE CENTER OF MY BEING NOW EXTENDS TO THE CIRCUMFERENCE OF MY WORLD AS PROFOUND QUIETNESS.

HAVE YOU found the presence of perfect quietness at the center of your being? Have you discovered that God abides within you as the presence of stillness? Do you know that you can take control of all the affairs of your world simply by feeling the power of this innate quietness?

Keep your thought fixed upon God and you will have no difficulty in sensing His presence of quietness. Things cannot disturb you and your world when you feel quiet within yourself. Noises and confusion cannot exist in your world for you when your heart is established in perfect quiet.

Turn many times daily to this presence of quietness. Have times of quiet prayer regardless of your duties and experiences in life. Learn to look at these times of quietness as times when you commune with God in the midst of you and recharge yourself with His power.

• *Keep silence.*—DEUT. 27:9.

JUNE 23

Thursday

THE MIND OF GOD ACTIVE IN ME EVER INSPIRES ME TO HIGH AND NOBLE THOUGHT.

WE KNOW the mind of God solely through our own spiritual consciousness. In fact this consciousness is not only the avenue through which we reach God-Mind but it is to us God-Mind itself. The thoughts of God that come to us are thoughts from our own spiritual consciousness. They are the inspirations that God gives us by way of our higher consciousness.

The best way to neutralize adverse thoughts is to replace them by thoughts of Truth. You will not need to deny adverse thoughts from your consciousness when your mind is filled with thoughts of God. If you have been believing in dual-mindedness, if you have been thinking that you are carnal-minded, direct your whole thought to the mind of God, the one and only mind in Truth.

Know this day that you are unified with God through spiritual consciousness; that when you are you are blessed with God's thoughts.

*How great are thy works, O Jehovah!
Thy thoughts are very deep.*

—PSALMS 92:5.

Friday

JUNE 24

MY SPIRITUAL CONSCIOUSNESS NOW OPENS FOR ME THE WAY OF SPIRIT, THE WAY OF PEACE, LOVE, HEALTH, SUCCESS, AND PLENTY.

HAVE YOU found your way in life? Do you always seem to choose the right path? Have you learned to turn to Spirit for guidance and direction? Have you discovered that you need not go the way of sacrifice and denial and failure? The way of Spirit opens before you when you discover it in spiritual consciousness. You discover that God's way for you is the way of wisdom, peace, light, good, joy, and plenty.

In Truth there is but one way, the way of Spirit. We find this way when we find Spirit. We discover that the presence of Spirit attends us in all our ways when our thought is centered upon Spirit alone. We find that we are led into paths of peace and success when we let ourselves be led by our indwelling Spirit.

Your way will be one of joy and plenty when you turn to Spirit. You will no longer go the harmful way.

✿ *The God of Jacob . . . will teach us of his ways, and we will walk in his paths.—ISA. 2:3.*

JUNE 25

Saturday

THE FORGIVING CHRIST NOW INSPIRES AND
HELPS ME TO BE FORGIVING.

THE PERSON who forgives easily and readily is one who turns his problem over entirely to Christ. In this way he keeps out of the problem in a personal sense. He does not let his personal feelings interfere with the will and work of Christ. He is willing to let Christ forgive. He is willing to be a channel through which Christ works. He realizes that when he refuses to forgive, he refuses to let Christ work through him. His refusal is not an affront to the person he should forgive but to Christ.

If you would forgive another, cease to think of the offense that has disturbed you and think of the forgiving love of Christ. The most awful spectacle in human experience is the individual who holds a grudge for a lifetime and continues to poison himself with his unforgiving thought. If he has a knowledge of Christian teachings, his case is more pitiable. Truly such a one needs to find the forgiving Christ.

☛ *Pray the Lord, if perhaps the thought of thy heart shall be forgiven thee.—ACTS 8:22.*

Sunday

JUNE 26

I REJOICE THIS DAY THAT CHRIST LIVES
WITHIN ME, INSPIRING ME TO EVER-
INCREASING JOY.

THE JOY of Christ is the joy that man ever seeks and that alone can satisfy his every need. When we rejoice in Him, we find the satisfaction we have sought and discover that His joy satisfies our every desire. We may seek far and wide for satisfaction in life, but we fail to discover it until we find Christ and the joy that is His.

When we discover that Christ is within us, we find our heart filled with joy. We find the joy that ever increases, the joy that never changes, and our heart tells us that Christ is with us. Nothing can sadden us, nothing can make us downcast, when we know that Christ is within us.

There may have been some experiences in the life of Jesus that appear to us to be sad ones, but we like to think of Him as living so close to His Father that joy filled His heart at all times. He rejoiced to live near to God, even as we rejoice to live near Christ.

☛ *Thou hast put gladness in my heart.*—PSALMS 4:7.

JUNE 27

Monday

GOD APPROVES OF THE WORK THAT I DO.

LIVE today in the realization that God works in and through you, approving of whatever you do. Live in the consciousness that your business is God's business and that He manages all your affairs. Realize that the work that you do is the work that God has prompted you to do.

Work is not labor when we take God as our partner. We find that He gives us strength and assumes all responsibilities. We cannot tire of well-doing when we realize that God is backing our efforts with His resources. Our work cannot be servile when we realize that we work hand in hand with God.

Today dedicate your work to God. If your work is something that you feel does not merit God's approval, let Him direct you into some new work that does. Unless you have the inner conviction that God approves of what you do, you cannot put your heart and the best that is in you into your work.

✱ *Study to be quiet, and to do your own business, and to work with your hands, even as we charged you.*
—I THESS. 4:11.

Tuesday

JUNE 28

THE SPIRIT OF CHRIST EVER WITHIN ME CONVINCES ME OF MY CHRISTHOOD.

JESUS became so conscious of His Christhood, the presence of the Spirit of God within Him, that He became known as the Christ. He shares His Christhood with all who can grasp it, all who can rise to the Christ consciousness. God identifies Himself with mankind through the Christ in man.

In the study of Truth we turn often in thought to our Christ nature, that in us which we have in common with Jesus. In our Christhood we find power to overcome that in our human nature which needs to be overcome or uplifted. From Christ within us we obtain power to do whatever we undertake to do. Christ within us is our power to master all situations in our life.

When evil, sin, fear, disease, and lack seem to overcome us, we need to turn to Christ: not Christ external or apart from us but Christ within us. We need to turn often to Christ in order to let Him share His consciousness with us.

☛ *Thou art the Christ, the Son of the living God.*
—MATT. 16:16.

JUNE 29

Wednesday

CONSCIOUS OF THE PRESENCE OF CHRIST
WITHIN AND ABOUT ME, I RELAX FROM ALL
STRESS AND STRAIN.

HAVE YOU realized that you cannot be tense when you are conscious of the presence of Christ? Your consciousness of His presence puts you at ease. Thinking of Christ, you cannot think of anything as having power to disturb you. Realizing your oneness with Christ, you cannot be in a state of tension.

The presence of Christ causes us to relax in mind and body. Entering the secret place of His presence within our heart, we cannot be tense. We exchange the thoughts that have been producing tension for the Truth of Christ. We give up our tension for harmony, peace, love, and joy.

The tense persons are always those who are fearful, who resist life, who do not move along with life. They hold themselves apart from their fellows in many respects. They see life as a very difficult proposition. They need to trust God more and to learn to live in the presence of Christ.

✿ *He that dwelleth in the secret place of the Most High
Shall abide under the shadow of the Almighty.*

—PSALMS 91:1.

Thursday

JUNE 30

THROUGH THINKING OF THE SPIRIT OF GOD
WITHIN ME I DISCOVER THAT HEAVEN IS
WITHIN AND ABOUT ME.

HEAVEN, to many persons, is a strange land beyond the clouds reached after death. They fail to understand that heaven should be gained through knowing how to live and not through failing to do so. Were heaven to be reached only through death, every person would seek to die instead of avoiding death.

Heaven is where God abides: within man. When man finds the presence of God, he finds heaven. He discovers the kingdom whence issue all his blessings. He learns that through his consciousness of heaven within him he becomes aware of heaven as his environment.

In order to live in heaven we must have heavenly thoughts. We must keep satanic thoughts out of our mind. We need to direct our thought to God and to think often of Him as abiding within and about us. Only in this way can we find the presence of God and find heaven present both within and about us.

✿ *Seek ye his kingdom, and these things shall be added unto you.—LUKE 12:31.*

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How a simple plan
brings abundance
is told in these letters

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Toronto, Ont., Can. — This last Bank drill has been a glorious period for us. We have learned that salary cuts are to be restored. A mortgage came due on some property . . . when "out of the blue" we received an offer to purchase — an offer far in excess of anything we had ever dreamed of asking — with a cash settlement. We have every good reason for praising God in our house. Please send us another Bank. — M. S.

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New York City — I have made marked progress by the use of the Prosperity Bank drill, namely a raise in salary and a nice bonus. I am grateful for your teachings. — S. A. W.

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*Turn the page and read how you can use the
Prosperity Bank plan to assure your own
prosperity.*

OVER

This plan brings prosperity to many a Unity student

The Prosperity Bank plan—as the letters on the preceding page prove—fixes the minds of users so firmly on prosperity that happiness and material blessings just naturally flood them.

The seven-week drill is simple, but it has magnificent power because it helps you concentrate your thoughts and actions each day on spiritual riches and thus quickly brings those good things into your life.

The coupon below will bring you your Prosperity Bank and full instructions for its use. In addition the coupon has space for ordering three gift subscriptions for UNITY DAILY WORD. Many Bank users report that saving in their Bank to share Unity literature with friends adds to the benefit of their drill.

Unity School, 917 Tracy, Kansas City, Mo.

Please send me a Bank and full instructions. During the seven-week drill I will save \$3 to pay for these friends' subscriptions.

1. Friend's name

Street

City State

2. Friend's name

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the fact that *Reinhardtia* has the largest genome of any of the *Chlamydia* spp. and that it is the only one that has been found to be an obligate intracellular parasite of a non-mammalian host. *R. salmonicida* is the only *Chlamydia* spp. known to cause disease in fish. The large size of the genome is a result of having acquired a number of genes from the host, thus giving rise to some light to dark color change in the infected fish. The genome also has an arrangement of a large deletion and has lost several genes that are thought to be involved in the cell cycle and in protein synthesis. The remaining genes in certain loci are thought to be involved in the cell cycle and in protein synthesis. The genome also has a number of genes that are thought to be involved in the cell cycle and in protein synthesis. The genome also has a number of genes that are thought to be involved in the cell cycle and in protein synthesis.

Unity School of Christianity, 917 Tracy, Kansas City, Mo.

Daily Lessons for June

1—Justice. 2—Good. 3—Divine Law. 4—Unity. 5—Freedom. 6—Faith. 7—Freedom from Worry. 8—Peace. 9—Now. 10—Truth. 11—The Body. 12—Love. 13—Prayer. 14—Fearlessness. 15—Protection. 16—Life. 17—Power. 18—Patience. 19—Illumination. 20—Healing. 21—Prosperity. 22—Quietness. 23—Divine Mind. 24—The Way. 25—Forgiveness. 26—Joy. 27—Divine Approval. 28—Christhood. 29—Relaxation. 30—Heaven.

FEATURES:

True Prayer (Poem)
The Nearness of God (Poem)
Guarded from Stumbling
Quiet Moments (Poem)
The Gift of Prayer
Truth Its Own Defense
Today-Minded (Poem)
Bridges (Poem)

